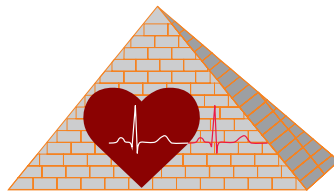
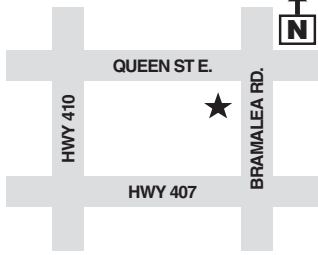


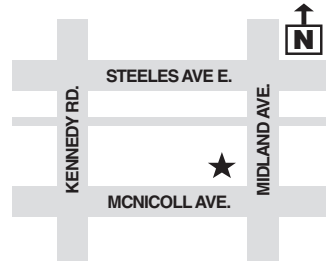
Bramalea Location



BRAMALEA CARDIOLOGY

501-18 Kensington Road, Brampton, ON L6T 4S5
Main Line: 905-497-8177 • Fax: 905-497-8277
110-385 Silver Star Blvd, Scarborough, ON M1V 0E3
Main Line: 416-242-2062 • Fax: 416-242-4347

Scarborough Location



PATIENT NAME: _____
DATE OF BIRTH: ____/____/____ / PHONE: _____
ADDRESS: _____
HEALTH CARD #: _____ VERSION CODE _____

CARDIOLOGIST

- Dr. Esam Elbarasi
- Dr. S.K. Mukherjee
- Dr. Natalie Gomperts
- Dr. Ali Kury Kilany

CARDIAC TESTING

Comprehensive Cardiac and stroke risk assessment

- 2D Colour Doppler Echocardiography (ECHO)
- Treadmill Stress Echocardiogram (Stress Echo)
- Graded Exercise Test (GXT)
(patient must be able to exercise)
- Cardiac Event Loop Recorder (ELR)
- Holter Monitor 48 hr. 72 hr.
 14 Days 30 Days
- Electrocardiogram (ECG)
- Ambulatory Blood Pressure Monitor (ABPM)*
*Not covered by OHIP

INDICATIONS

- Chest pain/known coronary artery disease
- Shortness of breath
- Cardiac Murmur/Valvular heart disease
- Palpitations/arrhythmia
- Stroke/TIA/Cardiac Source of Embolus
- Hypertension/Hypertensive heart disease
- Syncope/Recurrent presyncope
- Intermediate to high global CAD risk based on Framingham risk score
- Significant family history of coronary artery disease
- Assess functional capacity prior to structured exercise program (GXT)
- Other: _____

CARDIOLOGY CONSULTATION

- URGENT (1-2 WEEKS)**
- SEMI-URGENT (2-4 WEEKS)**
- CONSULTATION IF ABNORMAL TEST**

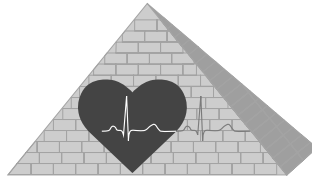
REASON FOR REFERRAL _____

FOR REFERRING PHYSICIANS

- Please send updated medications list.
- Please send latest lab results.
- Please send relevant cardiac testing done prior.

Send Copies To: _____

Physician's Signature: _____



BRAMALEA CARDIOLOGY

INSTRUCTIONS

Please arrive 10 minutes prior to your appointment time

- Bring your referral form for cardiac test.
- Bring your valid health card.
- Please provide us with 48 hours notice for cancellation.
- Please bring a complete list of your medications to all tests.

ECG

Checks electrical activity of the heart.

Duration: 5 - 10 minutes

2D Colour Doppler Echocardiography

Utilizes ultrasound waves to study the heart.

Duration: 30 - 45 minutes

Stress Exercise Test

Involves walking and/or running on the treadmill.

Please wear comfortable shoes.

Do not eat 2 hours before test.

Women: a two-piece outfit is best. No dresses.

Duration: 30 minutes

Stress Echocardiogram

Similar to exercise stress.

Addition of 2D Echo before and after exercise.

Involves walking and/or running on the treadmill.

Please wear comfortable shoes.

Women: a two-piece outfit is best. No dresses.

Duration: 1 hour

Holter Monitor

Records cardiac activity for 24, 48 or 72 hours.

No shower during the Holter is on.

Cardiac Loop Event Recorder

Records cardiac activity for one to two weeks.